

## Adderbury

Oxfordshire.

Dances number 19, 11 are stick dances, 3 handkerchief dances, 2 hand clapping and 3 jigs.

### Sources

Morris Book II (2nd edition) and English Dance and Song November 1950. Also information from Roy Dommett, derived from three sources, namely the MSS of Sharp, Miss Blunt and Miss Kennedy: informant in all three cases was probably William Walton. Some discrepancies between MSS and Sharp's published versions, requiring 'interpretation'. Most of the song-words obtained by Fred Hamer from Walton's grandchildren.

### Style

Active and lively, but less forceful than Headington, mainly because of the arm movements. Lots of movement over the ground.

### Figures

The figures include **Whole rounds, Foot up, Foot down, Side by side, Back to back, Processional down, Processional-up, Hands rounds** and **Whole hey**.

**Once to yourself** either **Walk round** singing or **Foot up**.

### Steps

**4-step, 2-step, Open side step** and **Plain capers. Right** foot lead.

### Arm movements

Down, around and up. Apples and stalks etc..

### Stick Dances

Sticks are long and held vertically when not in use. **Tapping** is commonly Double (two hands at butt and tip), **Single** (right hand at middle) or **High** (two hands above head).

BLUE BELLS OF SCOTLAND, BRIGHTON CAMP, GOOD KING WENCESLAS, HAPPY MAN, POSTMAN'S KNOCK, THE ROAST BEEF OF OLD ENGLAND, THE FLOWING BOWL and WASHING DAY form a group of singing dances in which the verses were sung either stationary or while dancing a selection of figures, the Chorus was stick-tapping on the same lines as in The Blue Bells of Scotland and Washing Day, the phrases modified to fit the music, and the song chorus sung during the stick-tapping. In all cases the performance finished with a repeat of the chorus taken very fast but in strict tempo.

### BEAUX OF LONDON CITY

**Walk round, Foot up, Chorus, Side by side, Chorus, Processional down, Chorus, Processional up, Chorus, Hands around, Chorus, Whole hey, Chorus.** (**Single** step in figures.)

Chorus is **Dib**, and **Strike** or **Shoot**.

In 1<sup>st</sup> bar, **1<sup>st</sup> corners** advance 3 steps (**right left right**), on 1<sup>st</sup> beat they **dib butts**, on 2nd let **tips** fall forward to **strike ground**, and on 3rd they **strike** or

shoot. In next 3 bars **2<sup>nd</sup> corners, 3rd corners,** and **partners** successively do likewise.

(Roy Dommett, quoting Blunt and Kennedy MSS, says partners always strike (not shoot) in 4<sup>th</sup> bar). The whole is then repeated. On 3<sup>rd</sup> beat of the bar, **strike tips** at head-level 1<sup>st</sup> and 4<sup>th</sup> times, **shoot** (as in Brackley) 2<sup>nd</sup> and 5<sup>th</sup> times, and **shoot skywards** 3<sup>rd</sup> and 6<sup>th</sup> (except the last time all face up and strike, though the practice, has grown up of shooting the musician). Stand right, not crouched, to shoot (MSS).

## BLUE BELLS OF SCOTLAND

"Oh where, tell me where, has my Highland Laddie gone?  
He's gone to the wars with his frilly knickers on."

**Walk round**( singing ), Chorus, **Side by side**, Chorus, **Processional down**, Chorus, **Processional up**, Chorus, **Hands around**, Chorus, **Whole hey**, Chorus

Chorus is double stick-tapping:

| **Odds Odds Evens Evens** | **Odds Odds Evens Evens** | **Odds Evens Odds Evens** | **Odds - Evens -** | repeat.

## BRIGHTON CAMP

"Oh let the night be ever so dark or ever so wet and windy,  
I must return to Brighton camp, to the girl I left behind me."

**Walk round**( singing ), Chorus, **Side by side**, Chorus, **Processional down**, Chorus, **Processional up**, Chorus, **Hands around**, Chorus, **Whole hey**, Chorus

Chorus is double stick-tapping:

| **Odd Even Odd Even** | **Odd Even Odd Even** | **Odd Even Odd Even** | **Odd - Odd -** |

## CONSTANT BILLY

"Oh my Billy, my constant Billy, when shall I see my Billy again?  
When the fishes fly over the mountain, then shall I see my Billy again."

**Once to yourself, Whole rounds**( singing ), Chorus, **Side by side**, Chorus, **Processional down**, Chorus, **Processional up**, Chorus, **Hands around**, Chorus, **Whole hey**, Chorus

**Once to yourself** is strike only, no **Jump**.

Chorus is stick-tapping and **Foot up. Jump** and **strike** on middle beat of each of first 4 bars, **Partners, Middles up, Partners, Middles down**. (**Strike** with **partners** when **not** striking with **middles**)

## FLOWING BOWL

Also known as LANDLORD.

"Come landlord fill the flowing bowl, until it does flow over." Repeat.

**Walk round**( singing ), Chorus, **Side by side**, Chorus, **Processional down**, Chorus, **Processional up**, Chorus, **Hands around**, Chorus, **Whole hey**, Chorus

Chorus is double stick-tapping:

| **Odd Even Odd Even** | **Odd Even Odd -** | **Odd Even Odd Even** | **Odd Even Odd -** |

| **Odd Even Odd Even** | **Odd Even Odd** - | **Even Odd Even Odd** | **Odd - Odd**  
- |

### GOOD KING WENCESLAS

"Good King Wenceslas last looked out, on the feast of Stephen,  
When the snow lay round about, deep and crisp and even."

(Full words available in appendix.)

**Walk round**( singing ), Chorus, **Foot up**, Chorus, **Side by side**, Chorus,  
**Processional down**, Chorus, **Processional up**, Chorus, **Hands around**,  
Chorus, **Whole hey**, Chorus

Double and single sticks alternate, double speed to finish.

### LADS-A-BUNCHUM

"Oh dear mother, what a fool I be, Six young fellows came a-courting me.  
Five were blind and the other couldn't see, Oh dear mother, what a fool I be."

**Walk round**( singing ), **Foot up**, Chorus, **Side by side**, Chorus, **Processional**  
**down**, Chorus, **Processional up**, Chorus, **Hands around**, Chorus, **Whole hey**,  
Chorus.

Chorus is stick tapping **Double, Single, High** twice. **Odds** strike first. Receiving  
dancer turns to his right in **High**.

| **Odd Odd Odd** - | **Even Even Even** - | **Odd Even Odd Even** | **Odd Even Odd**  
**Even** |

### POSTMAN'S KNOCK

"Every morning as true as the clock someone hears the postman's knock."  
Repeat.

**Walk round**( singing ), Chorus, **Side by side**, Chorus, **Processional down**,  
Chorus, **Processional up**, Chorus, **Hands around**, Chorus, **Whole hey**, Chorus

### ROAST BEEF OF OLD ENGLAND

"Oh the roast beef of old England, and oh for old England's roast beef." Repeat.

**Walk round**( singing ), Chorus, **Side by side**, Chorus, **Processional down**,  
Chorus, **Processional up**, Chorus, **Hands around**, Chorus, **Whole hey**, Chorus

### SWEET JENNY JONES

"My sweet Jenny Jones is the pride of Llangollen,  
My sweet Jenny Jones is the girl I love best."

**Once to yourself, Whole rounds**( singing ), Chorus, **Side by side**, Chorus,  
**Processional down**, Chorus, **Processional up**, Chorus, **Hands around**,  
Chorus, **Whole hey**, Chorus

**Once to yourself** strike only, no jump.

All stepping is:

| **right left right** | **Toe**( left ) - **right** | **left right left** | **right left right** |  
| **left right left** | **Toe**( right ) - **left** | **right left right** | **Toe**( left ) - |

On **Toe( left )** and **Toe(right )** the toe is tapped down, and the weight taken on it, in two successive beats. Strike sticks on last beat, but not halfway.

Chorus is stick tapping **Double** and **Single** alternating. **Doubles** is partners strike **Tips** against **Butts** alternately for 3 ½ bars (**10 times**). On 11<sup>th</sup> stroke strike **Tips** and hold it. Resume alternate striking for next 3 bars (**9 times**) and strike **Tips** on first beat of last bar. **Singles** the same, stick held single-handed.  
| **Odd Even Odd Even | Odd Even Odd Even | Odd Even Odd - |**  
| **Odd Even Odd Even | Odd Even Odd Even | Odd Even - - |**

## WASHING DAY

"Thump! Thump! Scrub! Scrub!, scrub, scrub away!  
The devil a bit of peace I git upon the washing day."

**Walk round( singing )**, Chorus, **Side by side**, Chorus, **Processional down**, Chorus, **Processional up**, Chorus, **Hands around**, Chorus, **Whole hey**, Chorus

| **Odd | Even Odd Even Odd | Even Odd Even Odd | Even Odd Even Odd |**  
**Even- Even-|** repeat.

## *Handkerchief Dances*

### THE BLACK JOKE

**Once to yourself, Whole rounds**, Chorus, **Side by side**, Chorus, **Processional down**, Chorus, **Processional up**, Chorus, **Hands around**, Chorus, **Whole hey**, Chorus

**Once to yourself** and figures each half ends with **4 Plain capers** facing partner.

Chorus is:

**2 Open side step( down )**, **2 Open side step( up )** and **Foot up**. Surge on Foot up.

### HASTE TO THE WEDDING

Also known as RORY O'MORE

**Once to yourself, Whole rounds**, Chorus, **Side by side**, Chorus, **Processional down**, Chorus, **Processional up**, Chorus, **Hands around**, Chorus, **Whole hey**, Chorus

Figures are first half normal stepping then:

| **right right left left | Foot together jump | RIGHT - LEFT - | RIGHT - LEFT - |**

Hands held in front (on chest ?) on Foot together jump. Roy Dommett says note is held for this and it is done with great emphasis.

Chorus is **Foot up** twice stepping as in figures. Last time, move into Clock-wise circle to slowed music and finish with a closely bunched all-in.

### PRINCESS ROYAL

**Once to yourself, Whole rounds, Foot up**, Chorus, **Foot down**, Chorus, **Processional down**, Chorus, **Processional up**, Chorus

Figures are **6 bars 4-step, 4 Plain capers**. 2 bars forward, 2 on the spot, 2 backwards and 2 on the spot.

Chorus is 1<sup>st</sup> and 3<sup>rd</sup> times:  
| 1<sup>st</sup> half of **Side by side** | **Open side step**( right ) | **Open side step**( left ) |  
**Clap**( front ) **Clap**(right leg) **Clap**( front) - | **Clap**( front ) **Clap**(left leg) **Clap**(  
front) - | **Foot up**.

2<sup>nd</sup> and 4<sup>th</sup> times 1<sup>st</sup> half of **Hands around** (6 dancers) or **4-hand Star**  
(multiples of 4 dancers) , then as above.

**Finish** with **all-in**.

### ***Hand-clapping Dances***

#### THE BUFFOON

**Walk round, Foot up, Chorus, Side by side, Chorus, Processional down,**  
Chorus, **Processional up, Chorus, Hands around, Chorus, Whole hey**

**Walk round**, swinging arms ends with **4 Plain capers**.

Chorus is **Clapping**:

| **Front - Front - | Right - Right - | Front - Front - | Left - Left - |**  
| **Front - Right - | Right - Left - | Front - Front - | 2 Plain capers |**

**Right** and **Left** clap partner, 1<sup>st</sup> time hand, then breast, tweak nose and fore-  
lock (head).

#### SHEPHERDS' HEY

**Walk round, Chorus, Side by side, Chorus, Processional down, Chorus,**  
**Processional up, Chorus, Hands around, Chorus, Whole hey, Chorus**  
Each half of figures finish with **Clapping | Front Behind Front - |**.

Chorus is **Clapping**:

| **Front Right Front - | Front Left Front - | Front Under( right) Front - |**  
**Front Under( left ) Front - | Front Behind Front | repeat.**

**Right** and **Left** are touch with hand, in successive choruses, ankle( toe), knee  
(thigh) ,  
chest and top of head, and last time raise arm and jump as in The Buffoon.

### ***Jigs***

#### JOCKEY TO THE FAIR

and

#### PRINCESS ROYAL

Danced by 1, 2 or more men simultaneously. Walton said "you , could put in  
almost any steps or capers you likes. The more features you put in the better so  
long as you don' t step over the tune".

## SHEPHERDS' HEY

**Once to yourself, Foot up, Chorus, Foot up, Chorus, Foot up, Chorus, Foot up, Chorus, Foot up, Chorus, Foot up, Chorus, Foot up, Chorus, Foot up.**

**Foot up** is up and back twice

Chorus is hand-clapping as in the Shepherds' Hey set dance.