

## Sherborne

Gloucester. The Music was by pipe and tabor (whittle and dub).  
Dances number about 14, including 1 stick dance and 4 jigs.

### Sources.

Morris Book IV, News January 1921, Journal English Folk Dance and Song Society, 1927; Dr. Russell Wortley; Roy Dommett; The Travelling Morrice. Dr. Russell Wortley's and Roy Dommett's source is Sharp's MSS.

### Figures

**Foot up, Side by side, Back to back, Face to face, Half rounds, Half hey and Whole hey.**

**Foot up** is up and down, turning to face out on the 1<sup>st</sup> **Foot together jump.**

**Face to face** each man reaches his partner's place as in **Whole gip**, makes a half turn (counter clock-wise in 1<sup>st</sup> half, clock-wise in 2<sup>nd</sup> ) to return backwards to his place, passing left shoulders in the 1<sup>st</sup> half, right in 2<sup>nd</sup>.

### Steps

**Sherborne 4-step** is unusual. the hop coming on **2nd** beat | **right right left right** |.

The back step is | **Shuffle** | **Shuffle** | **Foot together jump** |.

**Once to yourself** is **2** bars **Shuffle, Together**

**Foot up** is **2** bars **Sherborne step, Shuffle, Foot together jump.**

**Side by side, Back to back** and **Face to face** the footing is **Sherborne step, Foot together jump, Shuffle** and **Foot together jump**, repeat.

**Half rounds** and **Whole hey**, **2** bars **Sherborne step, Galley**, repeat. Start on outside foot.

**Side step** is open right foot.

**Galley** is normally followed by **Foot together jump.**

**Half caper** are 'forries' | **RIGHT left right** | **LEFT right left** |.

**Fore caper (kick capers)** are | **right Heel**( left ) **LEFT right** | **left Heel**( right ) **RIGHT left** |.

**Upright caper** are kick jumps (**splits**) | **Cross Cross Split Together** |

**Finish** with **4 Plain caper**, facing up

### Arm movements

Down and up with **Sherborne step, Plain caper, Half caper** and **Fore caper**.  
Two twists with arm only from the wrist. with the arm held very high, with **Side step**, arms pushed forward, straight, poised, in **Foot together jump.**

**Fore caper** they are out, back, up, out.

**Upright caper** they are out, out, back, forward.

**Galley** arms are out.

### ***Stick Dances***

#### CONSTANT BILLY

Two short sticks per man. Strike own sticks in cross at above eyes on every jump.

**Once to yourself, Foot up, Chorus, Side by side, Chorus, Back to back, Chorus, Face to face, Chorus, Whole hey**

Chorus is:

**| Own - Right - | Own - Left - | Own - Right - | Own - Both - |** and **Half key** repeat.

**Odds** striking outwards on **both**.

### ***Handkerchief Dances***

#### THE BLUE EYED STRANGER

The same as The Old Woman (2/2 time version). The tune is a version of Country Gardens.

#### THE CUCKOO'S NEST

**Once to yourself, Foot up, Chorus, Side by side, Chorus, Back to back, Chorus, Face to face, Chorus, Whole hey**

Face down at the end of each figure except **Whole hey**.

Chorus is caper in column facing down. Bottom couple **4 Plain caper**, then middles **4 Plain caper**, then tops 2 bars **Sherborne step**, all **Galley** out and face up. Repeat.

#### HOW D'YE DO

**Once to yourself, Foot up, Chorus, Side by side, Chorus, Back to back, Chorus, Face to face, Chorus, Whole hey**

Chorus is Corners **Side step** and **Cross**

**Side step** is | **2 Side step**( right ) | **2 Side step**( left ) |

**Cross** is

1<sup>st</sup> time | **Salute**( right ) | **Salute**( left ) | **4 Plain caper** |.

2<sup>nd</sup> time | **Galley**( right ) | **Galley**( left ) | **4 Plain caper** |.

3<sup>rd</sup> time | **2 Fore caper** | **4 Plain caper** |.

4<sup>th</sup> time | **2 Upright caper** | **Upright caper** | **4 Plain caper** |.

**Cross** on **4 Plain caper** and face **out**. **Salute** is sung, "How D'ye Do?"

#### LADS A BUNCHUN

**Once to yourself, Foot up, Chorus, Side by side, Chorus, Back to back, Chorus, Face to face, Chorus, Whole hey**

Chorus is Corners **Cross**

1<sup>st</sup> time | **Side step**( right ) | **Side step**( left ) | **Salute**( right ) | **Salute**( left ) |  
| **2 Half caper** | **Galley**( right ) | **Foot together jump** |.

2<sup>nd</sup> time | **Side step**( right ) | **Side step**( left ) | **Galley**( right ) | **Galley**( right ) |

| **2 Half caper** | **Galley( right )** | **Foot together jump** | .  
 3<sup>rd</sup> time | **Side step( right )** | **Shuffle** | **Side step( left )** | **Foot together jump** |  
 | **2 Fore caper** | **Galley( right )** | **Foot together jump** | .  
 4<sup>th</sup> time | **Side step( right )** | **Shuffle** | **Side step( left )** | **Foot together jump** |  
 | **2 Upright caper** | **Galley( right )** | **Foot together jump** | .

### THE OLD WOMAN TOSSED UP IN A BLANKET

**Once to yourself, Foot up, Chorus, Side by side, Chorus, Back to back, Chorus, Face to face, Chorus, Whole hey**

Chorus is | **Side step( right )** | **Shuffle** | **Side step( left )** | **Foot together jump**  
 | and **Half key**, repeat.  
 Sidestep is danced facing front.

### THE ORANGE IN BLOOM

**Once to yourself, Foot up, Chorus, Half rounds, Chorus, Half rounds, Chorus, Half rounds, Chorus, Whole hey**

Chorus is Corners Cross  
 1<sup>st</sup> time | **Side step( right )** | **Side step( left )** | **Salute( right )** | **Salute( left )** |  
 | **2 Sherborne step** | **Galley( right )** | **Foot together jump** | .  
 2<sup>nd</sup> time | **Side step( right )** | **Side step( left )** | **Galley( right )** | **Galley( left )** |  
 | **2 Sherborne step** | **Galley( right )** | **Foot together jump** | .  
 3<sup>rd</sup> time | **4 Fore caper** | **2 Sherborne step** | **Galley( right )** | **Foot together jump** | .  
 4<sup>th</sup> time | **4 Upright caper** | **2 Sherborne step** | **Galley( right )** | **Foot together jump** | .

### TRUNKLES

**Once to yourself, Foot up, Chorus, Side by side, Chorus, Back to back, Chorus, Face to face, Chorus, Whole hey**

Chorus is Corners **Side step** and **Cross**.

**Side step** is | **Side step( right )** | **Shuffle** | **Side step( left )** | **Foot together jump** |

**Cross** is

1<sup>st</sup> time | **4 Sherborne step** | **Galley( right )** | **Foot together jump** | .  
 2<sup>nd</sup> time | **4 Half caper** | **Galley( right )** | **Foot together jump** | .  
 3<sup>rd</sup> time | **4 Fore caper** | **Galley( right )** | **Foot together jump** | .  
 4<sup>th</sup> time | **4 Upright caper** | **Galley( right )** | **Foot together jump** | .

### YOUNG COLLINS

**Once to yourself, Foot up, Chorus, Side by side, Chorus, Back to back, Chorus, Face to face, Chorus, Whole hey**

Chorus is

| **3 Clap( front )** - | **3 Stamp( right )** - | **3 Clap( front )** - | **3 Stamp( left )** - |  
**Half key**, repeat.

## ***Heel and toe Dance***

### THE MONKS' MARCH

No handkerchiefs. This step is used throughout except in the corner movements, At the end of the 1st half of each movement the final hop is omitted (i.e. pause with heel down) : at end of 2nd half, and in **Once to yourself**, stepping is right Toe.

Outside foot. Arms down and up once only in each bar, and high forward at the end of each phrase. See Bacon or MB. If I ever understand Bacon on this, I will let you all know!

**Once to yourself, Foot up**, Chorus, **Side by side**, Chorus, **Face to face**, Chorus, **Back to back**, Chorus, **Whole hey**

Chorus is:

- 1<sup>st</sup> time corners and partners **Salute**( right ) and **Half key** repeat.
- 2<sup>nd</sup> time corners and partners **Galley**( right ) and **Half key** repeat.
- 3<sup>rd</sup> time corners and partners **Fore caper** and **Half key** repeat.
- 4<sup>th</sup> time corners and partners **Upright caper** and **Half key** repeat.

## **Jigs**

Usually 2 dancers. They dance alternately, moving up into position, while the man who just danced walks or dances in a clock-wise circle between audience and man who in dancing, finishing behind him.

### **I'LL GO AND ENLIST FOR A SAILOR**

1 dancer **Once to yourself,**  
**Foot up, Walk round, Jig, Walk round,**  
**Half caper, Walk round, Jig, Walk round,**  
**Fore caper, Walk round, Jig, Walk round,**  
**Upright caper, Walk round, Jig, Walk round, Foot up**

2 dancers

1<sup>st</sup> dancer **Once to yourself,**  
**Foot up, Dance round, Jig, Dance round,**  
**Fore caper, Dance round, Jig, Dance round,**  
**Upright caper, Dance round, Jig, Foot up.**

2<sup>nd</sup> dancer Rest until 1<sup>st</sup> dances round,  
**Foot up, Dance round, Jig, Dance round,**  
**Fore caper, Dance round, Jig, Dance round,**  
**Upright caper, Dance round, Foot up.**

**Foot up** variable.

In MB IV, | **6 Sherborne step | Shuffle | Foot together jump |.**

In MSS,

i) | **4 Sherborne step | Galley( right ) | Galley( left ) | Shuffle | Foot together jump |,**

ii) | **2 Sherborne step | Galley( right ) | Galley( left ) | 2 Sherborne step | 4 Plain caper |.**

iii) | **4 Sherborne step | Galley( right ) | Galley( left ) | 4 Plain caper |.** Arms down, up, twist, twist, repeat.

Jig is | **Side step( right ) | Shuffle | Side step( left ) | Shuffle |**  
| **2 Sherborne step | 4 Plain caper |**

**Half caper** is | **8 Half caper | Sherborne step | Galley | 4 Plain caper |**  
at medium tempo.

**Fore caper** is | **4 Fore caper | Sherborne step | Galley | 4 Plain caper |**  
| at slow tempo.

**Upright caper** is | **4 Upright caper | Sherborne step | Galley | 4 Plain caper |**  
| at slow tempo.

**Walk round** is swagger round, dragging feet, occasionally interpolating a step, caper or galley. Arms lazily down up.

**Dance round** is | **4 Sherborne step | Galley( right ) | Galley( left ) | Shuffle | Foot together jump |,**

### **JOCKEY TO THE FAIR**

**Once to yourself, Foot up, Dance round, Jig, Dance round, Fore caper,**  
**Dance round, Jig, Dance round, Upright caper, Dance round, Jig**

**Foot up** is | **5 Sherborne step | Shuffle | 4 Plain caper |.**

Jig is | **Side step( left ) | Shuffle | Side step( right ) | Shuffle jump |**  
| **2 Half caper | 2 Plain caper | 3 Half caper | 2 Plain caper |**  
| **LEFT right right | 4 Plain caper |**

**Fore caper** is | **4 Fore caper** | **2 Sherborne step** | **Shuffle** | **Foot together jump** |.

**Upright caper** is | **4 Upright caper** | **2 Sherborne step** | **Shuffle** | **Foot together jump** |.

**Dance round** improvising with galleys, **Half caper**, etc.

## PRINCESS ROYAL

**Once to yourself**, **Foot up**, Jig, **Fore caper**, Jig, **Upright caper**, Jig

**Once to yourself** is | **Shuffle** | **Foot together jump** |.

Jig is **Side step** with **Shuffle**, 2 bars clapping | **Clap**( front ) **Clap**( under right leg ) **Clap**( front ) | **Clap**( front ) **Clap**( under left leg ) **Clap**( front ) | 2 **Half caper** | 2 **Sherborne step** | 4 **Plain caper** |

**Fore caper** is | **4 Fore caper** | **2 Sherborne step** | **Shuffle** | **Foot together jump** |. Heel kicks ground on 1<sup>st</sup> beat.

**Upright caper** is | **4 Upright caper** | **2 Sherborne step** | **Shuffle** | **Foot together jump** |. Land from split on 1<sup>st</sup> beat.

Note there is an extra step between the capers and **Sherborne step**, which therefore start on left foot.

## THE SHERBORNE JIG

Also known as MY LORD OF SHERBORNE JIG.

2 dancers

1<sup>st</sup> dancer **Once to yourself**,

**Foot up**, **Dance round**, **Kneel caper**, **Walk round**,

**Foot up**, **Dance round**, **Quick caper**, **Walk round**,

**Foot up**, **Dance round**, **Fore caper**, **Walk round**,

**Foot up**, **Dance round**, **Upright caper**, **Walk round**, **Foot up**, **Foot up**.

2<sup>nd</sup> dancer Rest until 1<sup>st</sup> dances round,

**Foot up**, **Walk round**, **Kneel caper**, **Dance round**,

**Foot up**, **Walk round**, **Quick caper**, **Dance round**,

**Foot up**, **Walk round**, **Fore caper**, **Dance round**,

**Foot up**, **Walk round**, **Upright caper**, **Dance round**, **Foot up**.

**Foot up** is | **2 Sherborne step** | **Shuffle** | **Foot together jump** |.

**Dance round** is | **2 Sherborne step** | **Galley( left )** | **Foot together jump** |.

Track as in GO AND ENLIST.

**Walk round** is walk from front position to rear clockwise.

**Kneel caper** is 3 times | **Cross Cross Cross** | **Together Kneel** - | and then | **Shuffle Foot together jump** |. **Cross** is **Left** placed behind first time. **Kneel** is on the second beat.

**Quick caper** is | **right left right** | **LEFT – right** | etc.

**Fore caper** | **right Heel( left ) right** | **LEFT – right** | etc.

**Upright caper** - | **Cross Cross Cross** | **Split - Together** |.

The phrasing of all capers is in 6/4 rather than 3/4 time).